Like a river that runs to the ocean, like a ray reaching out from the sun, like the leaf and the vine, the grape and the wine, I and my Father are one.

And may
(2.) each of us claim it as truly as the man who we heard was His
(3.) fears may estrange and divide us, may we seek to dissolve them through

son, and may each of us know in the depths of his soul,
love. We are sister and brother, each bound to the other and

I and my Father are one.
one with our Father above.

One in beauty, one in truth,
One in purpose, one in power,
one in the asking, one in the proof, one in time and one in space,
one in the moment, one with a flower, one in kindness, one in peace,
one in the goodness that flows from His grace,
one in the Mind that foresees our release.

3. Though our
4. Like a

(4.) seedling that grows in the forest, like the light shining forth from the
sun, like a branch and the tree, a drop and the sea, a hymn and the choir, a flame and the fire, I and my Father are one.